

Directions

Public Transportation

Visitor parking is extremely difficult to find at NIH, so if at all possible, we recommend taking public transportation. There is a Metro station on the NIH campus with shuttle bus service to the main buildings. If you plan to take the metro, please take the Red Line and get off at “Medical Center Metro Station”. The NIH Gateway Visitor center is located directly across from the Metro Station. Please proceed to the Gateway Center to get a visitor badge and either walk or take one of the free campus shuttles to Building 10 South Entrance (see **Campus Shuttles** below).

Driving Directions Website (<http://www.nih.gov/about-nih/visitor-information/driving-directions>)

Directions for Parking OFF Campus in Visitor Parking Garage (MLP-11):

All visitors must enter through the [NIH Gateway Center](#) (Bldg. 66). If you are planning to drive to campus and park outside of campus, please drive to the Main Visitor Entrance at [NIH Gateway Center](#) (Bldg. 66) and park at the Multi-level Parking Garage (MLP-11). This garage is outside of the perimeter security and, thus, vehicles will not need to go through vehicle inspection, reducing the amount of time it takes to get on campus. The cost to park in MLP-11 is \$2 per hour for the first three hours, \$12 maximum for the entire day. Once you have parked, please proceed to the Gateway Center (Bldg. 66) to get a visitor badge and either walk or take one of the free campus shuttles to Building 10 South Entrance (see **Campus Shuttles** below).

Directions for Parking ON Campus:

Visitor parking on campus is limited, so we recommend parking off campus in MLP-11. If you are planning to drive and parking on campus, please allow at least 30 minutes to pass through campus security (Gateway Inspection Station, Bldg. 66A). You will be required to submit to a vehicle inspection. Visitors over 15 years of age must provide a form of government-issued ID such as a driver's license or passport. Once you are through the vehicle inspection, you may park in the green lot next to Bldg. 53 along South Drive and walk to Bldg. 10 (see [NIH Visitor Map](#)).

Campus Shuttles

NIH provides a number of free shuttle services throughout the day on the NIH Campus for employees, patients, and visitors. The following shuttles run from the Visitor Center to Building 10 South Entrance:

- [“Metro/Building 10 South Express Shuttle – Light Green Line”](#) – get on at Visitor Center (“Metro”) and get off at “Bldg. 10 (South)” stop (1 stop).
 - Departs NIH Visitor Center roughly every 20 minutes.
- [“Campus Limited – Purple Line”](#) – get on at Visitor Center (“Metro”) and get off at “Bldg. 10 (South)” stop (4 stops).
 - Departs NIH Visitor Center roughly every 25 minutes.
- [“Campus Route – Red Line”](#) – get on at Visitor Center (“Metro”) and get off at “Bldg. 10 (South)” stop (6 stops).
 - Departs NIH Visitor Center roughly every 15 minutes.

Directions

Directions to Masur Auditorium in Building 10:

- From the **North lobby** entrance: From the lobby, go down the right side, passing Admissions on your right. Continue straight through the sliding glass doors, following posted signs to the Masur. Continue following the “Detour” signs to the Masur. The auditorium is just past the main elevators.
- From the **South lobby** entrance: From the lobby, take either the left or right hallway up a slight incline until you come to the entrance of the Masur Auditorium. When the two hallways converge, you are standing in front of Masur Auditorium.